



Dragon Tale's



December 2008

Inside

- NEW - Late Policy
- Christmas Holidays
- Christmas Open Training
- Upcoming Gradings
- Karate BC Results
- Upcoming Tournaments
- Zone Training
- Exam Supplements
- Email Newsletter
- Private Lessons

Christmas Holidays

As much as we hate to admit it Christmas is just around the corner. Because of this we will be formally closed for 2 weeks from December 22nd – January 2nd. You can do some make up classes during the weeks prior to Christmas or make them up in January or come to the open classes over Christmas.

We will be open on Monday the 29th and Tuesday the 30th for open training. It will be from 5:30 – 6:30 for Jrs and 6:45 – 7:45 for the adults. It is a good idea to come in and practice to keep things fresh in your mind for the New Year, especially if you plan on grading in January.

We will be refinishing the dojo floor from Dec 20th to Dec 24th, so it will be unavailable at this time.

Late Policy

As of January 5th, 2009 we will be implementing a new late policy. It will be very simple.

If you are late for class, ***you will not be permitted to attend class.***

We have had this policy with gradings for years and it has been a long time since anyone has been late to a grading. The only exception will be if we receive a phone call from you stating that you will be late and why.

Part of what we are trying to teach the children is responsibility, it is their responsibility to be at class early. If it is a parent's fault that the children are late, they will still not be permitted to attend class.

The line has been drawn in the sand, and now everyone knows where they stand. Don't be late.

I personally live by the saying,

“If you are not 15 minutes early, you are late”

Try to make this attitude a part of your life.

This policy is in effect for all students including adults and samurais as of January 5th, 2009

Belt Gradings

Dec 5th, White, Yellow and Yellow/Black grading
Dec 12th, Orange, and Orange/Black grading

This will be the last time the gradings will be split. From now on the gradings will be the first Friday of every month. This starts January 9th, 2009



Karate BC Open Tournament

The tournament in Duncan was a great success. There were over 200 competitors and everyone was a winner in one way or another. Some of the best sparring of the event had to be the matches between our student Scott Zmaeff and 3 of KBC's top kumite competitors. He beat the first two and finally lost to the third taking silver for his efforts. What a battle.

We took 30 students and came back with at least 25 medals. Not a bad haul for our first KBC tournament.

We will keep you up to date as to when the next tournament will be.

Karate BC Upcoming Events

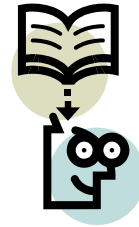
February 7 th , 2009	Sato Cup 2009 Tournament BCIT
March 7 th , 2009	Steveston Invitational Tournament Richmond, BC
May 9-10, 2009	Karate BC, Provincial Championships BCIT

There will be more Island tournaments in the early spring; unfortunately the dates have not yet been posted.

Always train at 100%, then you will always be ready to compete or grade

Exam Supplement Booklets

Due to the curriculum changes the exams in our manuals have been updated. Because of this we will be handing out Exam Supplements. These will take the place of the exams in your manual. The goals in these will take the place of the goal books. When you grade you only need to hand in your exam booklet not your whole manual. Please, do not lose it as it will be \$5 to replace



Monthly Newsletter

Now that I am at the dojo full time I am trying to put out our monthly newsletter again. We will have hard copies on the counter but I would like to save trees and email as many copies as I can. We will have an email signup list on the dojo counter for the next couple of weeks. If you would prefer that I email you the letter please put your address on the list.



Zone Training

What is Zone Training you ask? Now that we belong to Karate BC we are in Zone 6. Once a month starting in January there will be a zone training session. This is for any KBC member that is serious about tournaments, or even if you just want to improve your kata and kumite. They will be held at various locations on the island and are a **MUST** to attend if you wish to be competitive at the tournaments. I will keep you posted with the dates and times.



Private Lessons with Sensei

Once again I have started doing private lessons. If you are trying to get ready for a grading or learn your new belt stuff a private lesson may be the way to go.

The lessons are ½ hour and are \$30 per lesson. You will be expected to be here at least 10-15 min early so you can warm yourself up.

If you know you will want more than one lesson they will be four for \$100.

There are only a few available time slots and they will fill up quickly, so book now.