

Dragon Tale's

August 2009

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Birthdays for August

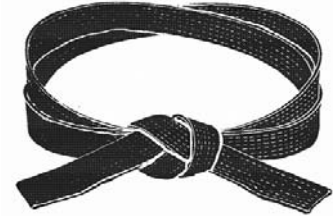
Cameron Leigh
 Christopher Cass
 Dann Ryan
 Darian Collins
 Dylan Evenson
 Jordan Sunnus
 Kelsey Turnbull
 Nadeline Basaraba
 Neil Postowoi
 Sage Claughton
 Shawn Pohl
 Sheldon Robertson
 Tommy Penner
 Troy Whittick
 Anthony Comas
 Austin Elzinga
 Christopher Anderson
 Cole Soderstran
 Isabella Garbers
 Madelyn Clayton
 Suhai Faruque



Grading Results

The last grading was on July 24th and the belts have not yet been handed out so as you can see it would not be prudent to advertise the results here.

Though we did have our Black Belt grading on July 3rd and both Kaitlyn MacIntosh from the Nanaimo Dojo and Ethan Forget from the Lantzville dojo passed with flying colors. Congratulations to our newest Black Belts.



Next Grading August 21st

The next kyu belt grading will be on August 21st. Now Sempai Brenda and I will be away for the week and a half prior to the grading so if you wish to grade you must focus and be ready to listen and learn from the other Sempai's of the dojo.



NEW BLACK BELT KAITLYN MACINTOSH

Kaitlyn MacIntosh was born in Vancouver B.C in 1992. She moved with her family to Nanaimo in 1993. She attended Forest Park Elementary school from 1997 to 2004. Kaitlyn received her secondary education through Woodlands Secondary. In the spring of 2010 she will complete her Grade 12 year. During the past 9 years Kaitlyn has attended the Shima

Karate School under the instruction of Sensei Kurt Nordli. She was inspired to pursue karate by her father who is also a black belt. Her ambition for the future is to attend medical school and become a

Naturopathic doctor. Kaitlyn's goal is to continue to attend Karate in order to maintain a balanced life style.

Some of Kaitlyn's accomplishments are:

- House league Soccer C Cup Champion
- Competitive swimmer with the Nanaimo White Rapids
- An accomplished Yogi
- Rock climbing
- Downhill skiing
- Triathlon finisher
- Black Belt Karate





Registration Week

Registration week for the fall schedule will be from August 31st to September 4th. The dojo will be open from 2:00pm until 7:00pm during this week only. There will be no regular classes running at this time; students will be permitted to train on their own if they wish.

We will also be taking registrations during the week prior to this but classes will not be affected during that week.

If you wish to get your child registered for fall please come in ASAP as there may not be room in all the classes.

Shima Karate Fall Schedule

Fall Schedule Starts - September 8th, 2009

Monday	Open 1:00pm-9:00pm
3:30 – 4:15	Samurai Beginner (start date TBD)
4:30 – 5:25	Jr White Class
5:30 – 6:25	Jr Yellow & Orange
6:35 – 7:35	Teen White, Yellow, Orange
7:45 – 8:45	Adult White, Yellow, Orange
Tuesday	Open 1:00pm-9:00pm
3:30 – 4:25	Jr Yellow & Orange
4:30 – 5:15	Samurai Yellow to Green Stripe
5:30 – 6:25	Jr White
6:35 – 7:35	Jr & Teen Green & Up
7:45 – 9:00	Adult Green & Up
Wednesday	Open 1:00pm-9:00pm
3:30 – 4:15	Samurai Beginner (start date TBD)
4:30 – 5:25	Jr White Class
5:30 – 6:25	Jr Yellow & Orange
6:35 – 7:35	Teen White, Yellow, Orange
7:45 – 8:45	Adult White, Yellow, Orange
Thursday	Open 1:00pm-9:00pm
3:30 – 4:25	Jr Yellow & Orange
4:30 – 5:15	Samurai Beginner
5:30 – 6:25	Jr White
6:35 – 7:35	Jr & Teen Green & Up
7:45 – 9:00	Adult Green & Up
Friday	Open 1:00pm – 8:00pm
3:30 – 4:15	Samurai Beginner
4:20 – 5:05	Samurai Yellow to Green Stripe
5:10 – 5:55	Samurai Purple Stripe & Up
6:00 – 6:45	Jr Weapons (cancelled on grading nights)
7:00 – 7:45	Adult Weapons (cancelled on grading nights)
Saturday	Open Class 12:00 – 1:00
Sunday	Closed
Shima Karate School – Nanaimo, 756-1055	

Fall Schedule

It may seem a bit premature to mention it in this heat wave at the end of July but the fall schedule starts on September 8th. The schedule beside this notice will let you know what it will be.

Please note there are some CHANGES to some of the times and duration of the classes.

If you have any questions or concerns please contact us.

The schedule is pretty much set in stone as it is the only way we can keep the classes at a manageable size.

Fall Organization Fees (IKGA / Karate BC / Shima)

Unfortunately the organization fees for the various organizations that we belong to have gone up this year. They will be as follows:

Samurai's	- \$30.00
Juniors (up to 15)	- \$60.00
Adults (16 & up)	- \$80.00

If you have more than one student we have managed to get \$5 off for each person.

These are due to be paid when you come in to register for the fall season, or if you continued to train through the summer they will be due in September.

The good news is the regular training fees have not changed at all this year

If you have any questions please let us know.





IKGA Summer Annual Camp

The IKGA training camp was excellent this year, both Sensei Maximchuk and I managed to attend. We worked through some of the curriculum and techniques, worked on kata bunkai and kumite skills. The highlight of the camp was the final day Blue versus Red competition. It was a lot of fun.

Part way through the camp they had their annual meeting and asked who would like to host next year's camp. Before I could think I had put my hand up and now have the privilege and responsibility of hosting the event here in Nanaimo for next summer.

It will be held on July 2nd, 3rd and 4th 2010 here at Oliver Woods Gym in Nanaimo. I am giving you lots of notice so that you can plan ahead and not miss this incredible camp. Also since Shima is hosting it that means we will be needing help from Shima students. There is a possibility that we will be needing billets for some of the students that are coming from far away.

FYI, the IKGA has 3 camps per year that we can attend.

The first is the winter camp which is always held at Sylvan Lake near Calgary and the dates for the next one are February 14th, 15th, 16th.

The second is the summer Annual Camp which will be in Nanaimo next July.

The third is the Black Belt training camp that is held in October. The dates for this year's are October 10th, 11th, and 12th. It will be held in Coquitlam this year.

Start planning your year around the camps and get the most out of your training.

PS: In a year or so we are planning a trip to Japan to train at the Head dojo.