



# Dragon Tale's



June 2005

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## Success

Most people are held back by the fear that they don't have what it takes to succeed. While they may pay lip service to believing in themselves, they turn right around and complain about all the obstacles in their way: the boss, the company, too much work, too little work, or too many bad breaks.

The fact is that many successful people do not have exceptional ability, and many have limited educations. A lot of them don't score high on aptitude tests, don't go to the best schools and don't get the best grades.

The common traits among all successful people are desire, determination, confidence and persistence. Your chance of success and fulfillment is just as good as anyone else's and probably much better than you think. Only when you understand this can you plunge ahead with enthusiasm and start functioning at your full potential.

*In order to advance sometimes  
you must take a chance*

## New Dojo Location

After 17 years at the same location it is time for Shima Nanaimo to move up in the world. In the first week July classes will be starting at our new location. The address is 4286 Departure Bay Rd. This is just behind the Country Club mall (Future Shop) in the same mini mall as the Mac's store and Tania's Restaurant.

In the goal setting we talk about persistence and the value of it. We have been trying for 5 years to get this location. We have made offers 3 different times. One was refused by the owner, the second was struck down cold by the city (that's another story) the third was finally accepted by all concerned. If I learned one thing from this it is never to take no for an answer. If it is something you want keep pushing and you will get it. Persistence!

At this location we will have tons of parking, easy access, a much larger training area and last but certainly not least air conditioning.

We are in the process of renovating so if there are any parents or students out there with expertise in any areas we can use please let us know.

There will be no classes for the last week of June as this will be the week that we set up the new location.

After 17 years it will be sad to leave. The old dojo has many memories, all of them good. We have produced over 30 Black Belts, 2 Nidans and had almost 1000 students pass through the doors. We have hosted at least 30 provincial tournaments and numerous more shiai's. The dojo was even blessed by Sensei Richard Kim.

Now it is time to make new memories in a new location. We look forward to another 20 years at this location. Our classes will grow to fill the new spaces, there will be new energy.

Keep in mind, classes will be running all summer long at the new location. Talk to Brenda about training times during the summer and be the first to break in the new location.

PS: If this wasn't enough, there is a rumor that they will be opening a "take out" sushi bar beside us. It doesn't get any better than this....

Shima Karate School Presents....

# Summer Shiai & Sports Day

## Camping trip

This event will be held on June 18<sup>th</sup> at the Big Tent Campground in Parksville.

### Schedule of Events

#### June 18th

Mini Golf:	9:00 – 10:00
Tournament:	11:00 – 12:30
Races:	1:00 – 2:00
	- 50 yard dash
	- Sack Race
	- 3 legged Race
	- Centipede Race
	- Clothing Race
	- Bat Race
Scavenger Hunt:	2:00 – 3:00
Rock Painting:	3:00 – 3:30
Ice Cream Desert	3:30 – 4:00
Water Balloon Toss:	4:00 – 4:30
Swimming	4:30 – ??
Camping	All Night Long...

### Costs

Mini Golf:	\$10.00 per team of 2 (any adult & child)
Tournament:	\$10.00 (includes a hot dog & pop)
Races:	\$5.00 (any children and parents welcome)

*Pre registration is mandatory for all events. Pre register at your dojo. Mini Golf and the races are open to any children and adults even if they are not in karate.*

*Bring anyone who wants to have a fun filled day.*

*Camping is about \$20 per night per site. If you wish to camp you should register with the Big Tent. You can contact them by phoning 250-248-6249. Don't delay; the sites are filling up quickly. They have showers and a swimming pool so bring your swim suit.*

## Summer Training

For the months of July and August Shima Nanaimo will be focusing more on weapons training in our classes. The students will need a bo staff, and a short stick. Be the first to break in the new dojo. Remember "It is too hot" is no longer an excuse



### Preliminary Advanced & Black Belt Grading

This will be on Wednesday the 6<sup>th</sup> of July at the new Nanaimo dojo. This is required for all advanced belts and Black Belts before they are permitted to grade in their regular grading. At this grading we will be reviewing everything that could possibly be included in the regular.

### Butoku-kai Grading

This will be held on at the Shima in Parksville on July 15<sup>th</sup>. This is for any students grading for their Black Belt or 2<sup>nd</sup> degree (Khanh). The focus is on technique and the student's expertise.

### Advanced Grading & Dojo Black Belt Grading

This is the final grading for all advanced and Black Belts. It will be at the Parksville dojo on the 22<sup>nd</sup> of July. This is what is considered to be the grueling grading where you show that you are physically capable of advancing in rank. Pre hydrate and be ready for this physical challenge.

~ be ready ~

Summer Schedule – Starts July 1st

756-1055

Monday: Open 12:00 – 4:00 (phone first)

Tuesday: Open 12:00 – 8:15  
5:30-6:30: Jr All Belts  
6:45-8:00: Adult All Belts

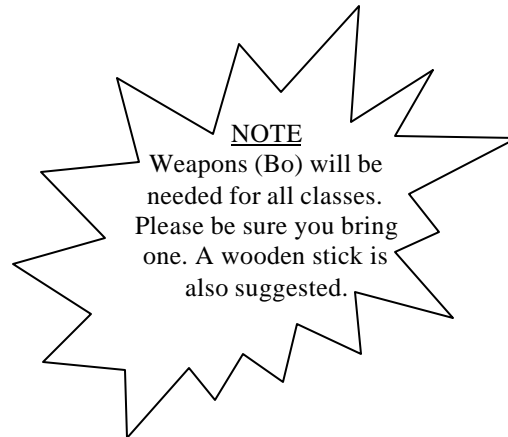
Wednesday:  
5:30-6:30: Jr All Belts Weapons  
6:45-8:00: Adult Open Training

Thursday:  
5:30-6:30: Jr All Belts  
6:45-8:00: Adult All Belts

Friday: Open 12:00 – 4:00 (phone first)

Saturday: Closed

Sunday: Closed



**Parents: If your child will be continuing through the summer please make arrangements with Brenda.**

Fall Schedule – Starts Sept 6th

756-1055

Monday: 4:30 – 5:25 Jr White  
5:35 – 6:30 Jr Yellow & Orange  
6:45 – 7:45 Adult - White & Yellow

Tuesday: 4:30 – 5:15 Advanced Samurai  
5:30-6:30: Jr Red & Up  
6:45-8:00: Adult – Orange & Up

Wed: 4:30 – 5:25 Jr White  
5:35 – 6:30 Jr Yellow & Orange  
6:45 – 7:45 Adult - White & Yellow

Thurs: 4:30 – 5:15 Beginner Samurai  
5:30-6:30: Jr Red & Up  
6:45-8:00: Adult – Orange & Up

Friday: 4:30 – 5:00 Tots  
5:30 – 6:30 Jr Weapons Yellow & Up  
6:45 – 7:45 Adult Weapons Yellow & Up

Saturday: 10:00 – 10:45 Samurai

Sunday: Closed

NOTE

The fall season will be an exceptionally busy one. Please plan to re-register before the end of August if you take the summer off. We expect the rush in September to be larger than normal due to the new location, we would hate for some of our old students to have to go onto the waiting list...

Plan ahead.....