



Dragon Tale's



March 2009

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Birthdays for February

Alison Cheung
 Bernadette Alvarez
 Brad Matheson
 Brittany Carpenter
 Brook Bellony
 Dayanera Blais
 Dylan Odgers
 Esme Laidlaw
 Mallory Fearn
 Maya Gaudry
 Nick Bergeron
 Roland Churchill
 Tony Miyoshi
 Brennan Puckett
 Ethan Robertson
 Jarad Chwelos
 Jonathan Nantias
 Joshua Darmadi
 Kaiden Wright
 Logan Palmer
 Sophia Miles

Zone Elimination Results

Well the tournament was a lot of fun, even though I left early due to illness. We have a total of 16 different students qualified to go to the Provincials and came home with about 21 medals. Not bad for the new kids on the block. Good work to all of you who placed. Those who didn't, well you now know what you need to do for next year. The results were as follows:

Markice Cogswell:	1 st	10&11 Novice Kata
	1 st	10&11 Novice Kumite
Zanhil Lal:	1 st	8&9 Intermediate Kumite
	3 rd	8&9 Intermediate Kata
Breanna Kitchen	1 st	8&9 Novice Kata
Bernadette Alvarez	2 nd	12&13 Advanced/Black Kata
	2 nd	12&13 Advanced/Black Kumite
Scott Zmaeff	2 nd	17&Under Advanced Weapons
	3 rd	16&17 Advanced/Black Kumite
Michael Michaud	2 nd	16&17 Advanced/Black Kumite
Trenton Harper:	3 rd	7&Under All Belts
	3 rd	7&Under All Belts
Jacob Horwood	3 rd	8&9 Novice Kumite
Richard Jane	3 rd	8&9 Novice Kumite
Kelly Kean:	3 rd	12&13 Intermediate Kata
	3 rd	12&13 Intermediate Kumite
Rebecca Evenson:	3 rd	10&11 Intermediate Kata
Emlyn Folkes	3 rd	12&13 Intermediate Kata
Jordan Sunnus	3 rd	12&13 Intermediate Kata
Shahil Lal	2 nd	12&13 Intermediate Kumite
Maya Gaudry	3 rd	10&11 Novice Kumite

Sorry if I missed any medal winners (please let me know if I did)

Congratulations to all of you

Happy Birthday

IKGA Seminar

On Saturday March 21st Sensei Gardecki from the IKGA will be coming in to do another seminar. It will be from 7:00 – 9:00 on the Saturday evening and is open to all adults' green belt and up. She will be going over more of the new curriculum and kata changes. She will also be touching more on the Yaku Soku Kumite. I would highly recommend that you attend if you are eligible. Please get your name down on the sign up list as soon as possible as the class will be limited to 20 students.

Private Lessons with Sensei

This is just a reminder that I have started doing private lessons. If you are trying to get ready for a grading or learn your new belt stuff a private lesson may be the way to go.

The lessons are ½ hour and are \$30 per lesson. You will be expected to be here at least 10-15 min early so you can warm yourself up, and plan to stay 10-15 min later so you can practice what we worked on.

If you know you will want more than one lesson they are 4 for \$100.

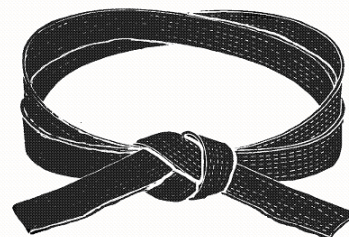
There are only a few available time slots and they have been filling up quickly, so book now.

Saturday Training

Remember - the dojo is open from 12:00-1:00 on Saturdays for open training. This is a great time to come in and start working on some of the changes that have been coming into our system. There will be some higher belts there if you have any questions. Jr students are welcome to come but please bear in mind that this is a time to train, not a time to play. You are generally on your own so please take it seriously.



Provincial Championships
May 9th and 10th, BCIT in Burnaby
All qualified students may compete.



Next Grading:

March 6th, 2009

Well we have had two gradings over the last month, both a regular belt grading and an Advance grading. The results were as follows:

White/Black:

Carl Babst
Magnus Hanson

Yellow:

Beatrix Gallagher
Hannah Darmadi
Brook Bellomy
Trevor Loffler

Yellow/Black:

Sara Turnbull
Neil Gallagher
Cordell Bos
Aaron Maskill
Richard Jane
Grayson Schaefflein

Orange:

Gavin Shepherd
Brad Matheson
Hans Babst
Grayson Schultz
Richard Guthrie

Orange/Black:

Robyn Blais
Lee Odgers

Green:

William Tam

Green/Black:

Sage Claughton
Dustin Schulz

Blue:

Bernadette Alvarez

Blue/Black:

Stirling Scory

Brown:

Scott Zmaeff
Mike Michaud