

Dragon Tale's

May 2009

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Birthdays for May

Aiden Mooney
Caspian Southward
Caya Carmel
Kurt Nordli Jr
Matthew Rurka
Stirling Scory
William Morgan
Brogan Moffatt
Liam Pikola
Matthew Boas
Spencer Muise
Xander Merx

***Happy Birthday
to all of you***



Grading Results for April

The grading on April 3rd was a relatively large grading with almost 30 students from the three dojos grading for their perspective belts. The results were as follows.

Yellow:

William Morgan
Melissa Morgan
Halo McDowell
Dann Ryan
Dre Newman
Markice Cogswell
Nick Clark

Yellow/Black:

Skyler Cameron
Samantha Wolff
Chloe Osakabe-Green
Shayla Nantais
Morgan McPhee

Orange:

Kayla Collins-Lillie
Gerrold Illott

Orange/Black:

Nathan Duifhuis
Breanna Kitchen
Braeden Jury

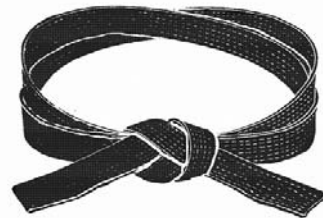
Green:

James Winter
Neil Postowoi
Lucas Ziman
Thomas Penner

Green/Black:

Kaz Tomiyama
William Tam

Congratulations to All of You



Next Grading

The next kyu belt grading was held on May 1st. We do not have the results yet so we cannot put them in this newsletter.

The June grading will NOT be the first Friday in June, it will instead be on June 12th.



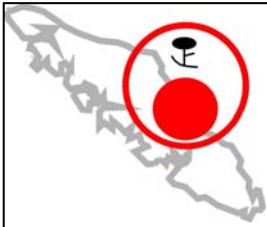
Advanced Grading

May 22nd, 2009

We have decided that having only 2 advanced gradings per year is not enough. On that note we have decided to put one on May 22nd.

This grading is for anyone wishing to grade for Blue, Blue/Black or their Brown belt.

If you think you qualify talk to your Sensei.



ISLAND FRIENDSHIP KARATE TOURNAMENT

The island friendship tournament held on May 3rd was a whole lot of fun. There were about 120 competitors and a bunch of spectators. The highlight of the event was the ½ Ton Tug of War. Unfortunately the team from Shima just didn't measure up against the team they took on.

We took 12 students and came back with 20 medals. The results were as follows.

Halo McDowell	- 1 st Girls 16/17 White/Yellow Kata - 1 st Girls 16/17 White/Yellow Kumite
Emlyn Flokes	- 1 st Boys 12/13 Orange/Green Kata - 2 nd Boys 12/13 Orange/Green Kumite
Dylan Evenson	- 1 st Boys 12/13 Orange/Green Kumite - 3 rd Boys 12/13 Orange/Green Kata
AJ Laing	- 2 nd Boys 16/17 Blue-Black Kata - 2 nd Boys 16/17 Blue-Black Kumite - 2 nd 13 and up All Belts Weapons
Ben Sutton	- 3 rd Boys 10/11 White/Yellow Kata - 3 rd Boys 10/11 White Yellow Kumite
Emma Memberry	- 3 rd Girls 8/9 White/Yellow Kata - 3 rd Girls 8/9 White/Yellow Kumite
William Morgan	- 3 rd Men's White/Yellow Kata - 3 rd Men's White/Yellow Kumite - 2 nd Men's Masters Kumite
Liam Surry	- 1 st Boys 7 & Under Kumite
Jordan Sunnus	- 2 nd Boys 12/13 Orange/Green Kata
Rebecca Evenson	- 3 rd Girls 10/11 Orange/Green Kata
Cordell Bos	- 3 rd Boys 10/11 White/Yellow Kata



Halo McDowell
1st Kata
1st Kumite

Saturday Training – use it wisely

Remember - the dojo is open from 12:00-1:00 on Saturdays for open training. This is a great time to come in and keep working on all the changes that have come into our system.

There will be some higher belts there if you have any questions. Jr students are welcome to come but please bear in mind that this is a time to train, not a time to play. You are generally on your own so please take it seriously.

Remember

“He who angers you controls you”

Never let anyone take control of you by *allowing* them to make you angry. You have the choice.

Over 80% of what we do is controlled by our emotions. We must sometimes take a breath and step back to look at things intellectually. Remove emotion from the equation and you will make the right decision in most situations.

KARATE  BC

Provincial Championships

May 9th and 10th,
BCIT in Burnaby

The students who will be representing Shima are as follows:

Mike Michaud
Scott Zmaeff
Bernadette Alvarez
Shahil Lal
Jordan Sunnus
Emlyn Folkes
Zahnil Lal
Rebecca Evenson
Breanna Kitchen
Trenton Harper
Jacob Horwood
Markice Cogswell

Good Luck to All of You