

Dragon Tale's

September 2005



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Success

The test of a successful person is not an ability to eliminate all problems before they arise, but to meet and work out difficulties when they do arise. We must be willing to make an intelligent compromise with perfection lest we wait forever before taking action. It's still good advice to cross bridges as we come to them.

- David Joseph Schwartz



If you envy successful people, you create a negative force field of attraction that repels you from ever doing the things that you need to do to be successful. If you admire successful people, you create a positive force field of attraction that draws you toward becoming more and more like the kinds of people that you want to be like.

- Brian Tracy

Shima Karate School – Nanaimo
#7-4286 Departure Bay Rd



It is here, and it's GREAT.

The new dojo is finally done and I would like to take this opportunity to thank the many students and parents who helped make it possible. After 10 solid 16 hour days and over a month of little details we are finally finished.

It is bright and large, clean and cool to train in.

The heavy bags are hung by the change rooms; the weight set is in place. The TV monitoring system is set up and operational for the parent's convenience. The air conditioning works very well and the Sushi next store is very good and very inexpensive.

This is a new era in Shima Nanaimo's Karate history and it will be a great one.

Welcome back for the fall season. I hope everyone enjoys the new location as much as I already have.

Sensei

Shima Karate School Presents....

Grand Re-Opening

Date: Saturday, September 10th, 2005

Time: 10-4

Demos at 11, 1, and 3

Everyone is welcome to drop by and see the new location, enjoy some munchies and watch the demos. If you have anyone else that might be interested please bring them along. Students are asked to bring their gi's and join in.

Pot Luck Dinner

Everyone is welcome to join in our celebration potluck dinner on the evening of the 10th. The doors open about 5:00pm and dinner should start by 5:30. Students, spouses and parents are all welcome.

There is a signup list at the dojo, please get your name on it so we know how many people to expect.



Corn Roast - Sept 17th

On September 17th Shima will be holding their (??) annual (many years now) Corn Roast.

As usual it will be held at the Big Tent Campsite in Parksville. Everyone is welcome to camp on Saturday night. It is potluck but Sensei Marshall will supply sacks of corn for all.

If you play a guitar try bring it. Last time we had a number of people with instruments and it was great fun.

Mark it on your calendar...



Speaking of Calendars



Shima calendars are now available for the new season. They cover the whole year from September 2005 to August 2006. They have all the schedules and event dates including gradings, parties, corn roasts, tournaments, seminars, holidays, advanced and black belt gradings. They are a must for the parent who is trying to look ahead to next spring or summer.

They are available from your dojo for \$5.00 which basically covers the cost of producing them. Pick one up now and start planning your training.



Weapons' training is back!

Shima Nanaimo has started up the weapons program again. The classes are on Friday evenings from 5:30 – 6:30 for all juniors and 6:45 – 7:45 for all adults. The program is on a drop in basis for which you purchase 4 classes at a time for \$20. Each time you attend a class one of your classes will be ticked off, when you have used all 4 you then purchase 4 more. This way if you need to miss a Friday for some reason or if there is a grading on that evening you will not lose out on the class.

We will not be starting either the junior or adult programs until we have at least 5 students registered in the programs.

For the weapons classes all students will wear white belts (unless you previously graded for yellow), if you do not have one they can be purchased for \$5.

The weapons program will have three gradings prior to Black Belt. The first is Green Belt, the second is Blue Belt and the third is Brown Belt. If you grade for and pass your green belt grading you will also be eligible to purchase and wear a Blue Gi top. When you grade for and pass your Brown Belt grading you will be eligible to purchase and wear a Black gi top. When you grade for your Shodan (Black Belt) you will be eligible to wear the entire Black Gi.

There is a scheduled grading on April 8th, 2006.

Register now for fall classes.

Candles

Just a reminder for all that Brenda is a representative for "Party Lite" candles. She will be placing an order on September 27th. If you would like to order anything or if you would like to book a "Party" and receive free gifts please talk to her before or after class.

Contact Brenda at:

Email: bnordli@shaw.ca , Phone: 729-3924

