Shima Karate Dojos

balancing body mind spirit







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Shima - Medal Shiai



Next Grading June 7th, 2019

6:30pm – All Juniors 7:30pm - All Adults Remember; Do not put your name on the list without talking to Sensei

Bring all your sparring gear, do not be late, you will not be permitted in if you are late.

When: June 15th, 2019

Where: The Dojo

Time: 11:00am start, 2:30pm finish

Cost: \$25.00 includes a slice of pizza and a pop (cash

only)

Prizes: Everyone is guaranteed to win 2 medals,

Who: Any student, ages 4 & up

Note: Sensei Mosdell is bringing a team from

Victoria to join us.

Brown Belt Seminar with Shihan Gardecki

On June 8th Shihan Gardecki will be doing a seminar going over all the curriculum needed to Grade for your black belt with IKGA Canada,

This seminar is a must for all Brown belts and up
Get your name on the list

June 8th from 1-5pm, cost is \$30



Shima Lifetime Black Belt Memberships <u>for sale</u>

Now that things have settled down we are looking at doing a few renovations to finish the dojo the way we want and set it up for the next 30 years.

Over the next while Shima is going to be selling some lifetime black belt memberships,

They will be a onetime fee of about 3 years training costs if you are a junior or adult,

So if you plan on being here for at least 3 years consider grabbing one, all your training after the 3rd year would be free, you can save thousands.

This membership will cover all training fees in karate and weapons as long as you are with us,

If you are interested please let us know,

Cheers Sensei

Summer Schedule

The summer schedule will be starting on June 24th.

Also: T-Shirts are only to be worn in the months of July and August

We will be putting in another order in the middle of June, if yours has worn out or you want a second one please get your name on the list.

Happy May Birthdays to the following Students

Tucker Caiden James Lock Lennox Russell Vandenberg Ryan Sarah Doiron Alex Nguyen Allie MacIntyre Angela Reynolds Brenda Nordli Cohen Teklenburg DeBoer Evan Fernie Ollinger Jai **Thomas** Liam Surry Morgan Kaufmann Nigel Lum Sarah Crago Talia Slater Tristan Scruton Tyler Campbell Yssabella Gagnon



ARRIVING AT "SHIMA"

Sensei Richard Marshall

About 1972 I became bored with weight training at the Hamilton YMCA. My real interest, gymnastics, was unavailable then so when wandering about town I saw a KARATE sign advertising a limited number of year memberships at a reduced price. This seemed a good deal at the time so my adventure in the karate world began.

Skipping over a multitude of dojo adventures, about 3 years later, a poster with a picture of Gogen Yamaguchi, the head of our goju style, which also had his address in Tokyo lured me eastward.

You may find that there are only a few decisions you make in your lifetime which leave you feeling like you stepped through the looking glass, stepping off the plane in Tokyo at twilight possessing only a piece of paper with an address on it and absolutely no idea what to do next was, to use an overused expression, unreal and began a year of absorbing the orient for me.

Much detail can be filled in later but for now I wish to get back to SHIMA. The karate training was 4-6 then again 7-9 five days a week leaving the daytime free. A French student I met was also training at a kickboxing gym, so I managed an introduction which led to 6 months of training at Majuro Gym. The champion kickboxer and manager of the gym was called Shima. The impression he made on me stuck.

Lurching ahead while passing over another pile of adventures, I emerged in a little place on the Island called Errington located on the edge of Parksville where a small karate club was operating. I joined and became friends with the man who owned the club.

Most karate clubs are operated by people who work full time elsewhere. The club in Hamilton where I started was a fulltime operation so I talked the owner into doing the same. This required more than one person, so he took me on as a partner and the club grew to the point where my partner decided to sell it to me and move to Ontario and start one of his own.

With the cub in my hands now we really needed a name which had a meaning and was oriental and uncomplicated. As mentioned earlier about the kickboxer his name stuck with me, I bought a dictionary and found Shima meant island. So there you are, the very short version of ARRIVING AT SHIMA.

There are many holes to be filled in future newsletters.

Rick Marshall